

# Chester Wellness Centre

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## Colonic Hydrotherapy & Hopi Ear Candles

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[www.irrigationtherapy.co.uk](http://www.irrigationtherapy.co.uk)

EMMA LITTLER

### COLONIC HYDROTHERAPY

Colonic Hydrotherapy is an internal bath that helps gently eliminate gas, accumulated faecal matter, mucus deposits and toxic substances of the colon.

The following conditions can all be helped by the detoxifying effect of Colonic Hydrotherapy:

- Constipation
- Diarrhoea
- Headaches
- Mucus Sluggishness
- Flatulence
- Abdominal Bloating
- Haemorrhoids
- Skin Problems
- Fatigue
- Depression
- Allergies
- Diverticulitis and such conditions as Intestinal Candida
- Crohn's Disease
- Myalgic Encephalomyelitis (ME)

Pre-filtered warm water and fully sterilised, disposable equipment are used.

Most people quickly experience improved mental clarity and a feeling of well being after a treatment. Colonic Hydrotherapy is not habit forming and, in fact, helps improve colonic muscle tone.

Initial single treatment: £60.00

Subsequent treatments: £55.00 each

Course of four treatments: £175.00

### HOPI EAR CANDLES

Earcandles are used to balance pressure in the ear, forehead and sinuses. The treatment is soothing and helpful for earache, headaches, ear noise, stress and nervousness. The benefits of Hopi Ear Candles have been well-known through nineteen years of experience and confirmed by thousands of doctors worldwide.

The treatment brings a wonderful sense of relaxation and may also spontaneously promote freer nasal breathing and an improved sense of smell.

A light suction action (chimney effect) and the movement of the flame create vibration of air in the Ear Candle producing a massage-like effect on the eardrum.

The treatment finishes with a soothing scalp, face, neck, shoulder and ear massage to aid the elimination of toxins, help clear any sinus congestion and generally relax.

Treatment cost: £30.00

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