

Chester Wellness Centre

Osteopathy

www.thepainreliefcentreuk.co.uk

TINA HEWETT

Osteopathy, Pilates and Rehabilitation

BRUCE HEWETT

Osteopathy, Cranial Osteopathy and Equine Osteopathy

DENISE IRVINE

Osteopathy and Paediatric Osteopathy

CYRIL IRVINE

Osteopathy, Naturopathy and Ergonomic Assessor/Trainer

Osteopathy is an evidence based therapy that clinically diagnoses and treats the whole body.

Osteopaths are musculoskeletal specialists who are highly skilled in assessing the mechanics of the entire body and using a variety of manipulative and massage techniques, gently realign the body to achieve balance and function achieving relief from pain and discomfort.

Prevention is better than cure and it is often easier to treat underlying strains before pain begins or worsens. Early stage treatments and maintenance sessions help to minimise structural damage and arthritis. However, acute pain and injury are common and readily respond to treatment.

All our Osteopaths are registered with the General Osteopathic Council and as such are highly trained and regulated professionals.

Osteopathy is endorsed by NICE and the medical profession although a referral from your GP is not required.

Among the many conditions they treat, some of the most common are: back pain, whiplash, sciatica, sporting injuries, occupational strain, and headaches.

We would be pleased to talk to you to see how they might help you to live a pain free life.

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